

North Atlantic Figure Skating Club

Late Winter 2010 Mini Session Group Skating Lessons

All Classes held at Family Ice Center, Falmouth
 Mailing Address: North Atlantic Figure Skating Club
 P.O. Box 6052, Falmouth, Maine 04105
 207-781-5058 - Club Office

Web Site: www.northatlanticfsc.org; Email: nafsc@aol.com; Skating Director: Debra J. Coppinger
 WE RARELY CANCEL SKATING DUE TO SNOW OR POOR WEATHER CONDITIONS (Check with NEWS 8 WMTW for cancellations)

Sundays - February 28, March 7 & March 14

5:00-5:50 PM	Beginners (Ages 6 & Up)	\$ 48.00
	Basic 2/3, Basic 4/5, & Basic 6/7	\$ 48.00
5:25-5:50 PM	Snowplow Sam 1, 2, and 3 (Ages 4, & 5)	\$ 36.00

CLASS DESCRIPTIONS

Snowplow Sam levels 1-3: Ages 3-5 years old. All Snowplow Sam classes are 25 minutes. The Snowplow Sam levels are designed to help the preschool age skater develop preliminary coordination and strength to maneuver on the ice. Time with Snowplow Sam will allow preschool children to become comfortable on the ice. Snowplow Sam level 1 is for skaters who have never had lessons. HELMETS STRONGLY RECOMMENDED. The best helmet is a sports helmet. Bike helmets are not recommended.

Basic 1 – Basic 7: Ages 6 and up. All Basic 1 through Basic 7 classes are 25 minutes and include a 25 minute practice. The “Basic Skills” are the fundamentals of the sport. These eight levels of the program introduce the fundamental moves-forward skating, backward skating, stops, edges, crossovers, turns, mohawks. Upon completion of the Basic 1-7 levels, skaters will have the basic knowledge of the sport enabling them to advance to the more specialized areas of skating. Basic 1 is for skaters who have never had lessons. (Ages 6 and up) Skaters may wear hockey skates for all the basic levels.

NAFSC REGISTRATION FORM

Late Winter 2010 Skate with US Program (One form per skater please)

SKATERS NAME: _____ AGE: _____ BIRTHDATE: _____ FEMALE/MALE _____

PARENT/GUARDIAN NAME: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PHONE: DAY: _____ EVENING: _____ CELL: _____

EMAIL ADDRESS: _____ (please print clearly)

EMERGENCY INFORMATION *Every effort will be made to contact the parents first. Please give an alternative name and telephone number. CONTACT: _____ PHONE: _____

SPECIAL NEEDS OR CONCERNS: _____

CURRENT SKATING LEVEL: _____ (must fill in)

_____	5:00-5:50	Beginners (Ages 6 & Up)	\$ 48.00
_____	5:00-5:50	Basic 2/3, Basic 4/5, & Basic 6/7	\$ 48.00
_____	5:25-5:50	Snowplow Sam 1, 2, and 3 (Ages 4, & 5)	\$ 36.00

Sub Total \$ _____

Total amount enclosed \$ _____

Full amount is due at time of registration. No pro rating of classes. No make ups for missed classes.
 No Refunds after the 2nd class. Refunds have a \$10.00 processing fee. We do not accept credit cards.
 Please make checks payable to: North Atlantic Figure Skating Club or NAFSC

Mail to: Late Winter 2010 Group Lessons, P.O. Box 6052, Falmouth, ME 04105

LIABILITY WAIVER: IN CONSIDERATION OF MY CHILD ENROLLING IN THE PROGRAM, I AGREE TO INDEMNIFY AND HOLD HARMLESS THE LEARN TO SKATE PROGRAM, NAFSC, FAMILY ICE CENTER AND ALL OF ITS OFFICERS, AGENT SERVANTS OR EMPLOYEES AND PARTICIPANTS FROM ALL CLAIMS, LOSS LIABILITY, DAMAGE AND EXPENSE WHICH MAY IN ANY WAY ARISE FROM MY CHILD'S PARTICIPATION IN THE LEARN TO SKATE PROGRAM. I FURTHER UNDERSTAND THAT THERE WILL BE NO MAKE UP CLASSES OR REFUNDS GIVEN FOR CLASSES UNATTENDED BY THE STUDENT, AND THAT THE INSTRUCTORS CAN BE CHANGED WITHOUT PRIOR NOTICE. PARENT/GUARDIAN (PRINT NAME) _____

SIGNATURE _____ DATE: _____