



NAFSC Nor'easters Open Adult Synchronized Skating Team

2010 – 2011 REGISTRATION FORM

(One form per skater please)

SKATERS NAME: _____ AGE: _____ BIRTHDATE: _____ FEMALE/MALE _____

PARENT/GUARDIAN NAME: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PHONE: DAY: _____ EVENING: _____ CELL: _____

E-MAIL ADDRESS: _____ USFS NUMBER _____

EMERGENCY INFORMATION *Every effort will be made to contact the parents first. Please give an alternative name and telephone number.

CONTACT: _____ PHONE: _____

SPECIAL NEEDS OR CONCERNS: _____

CURRENT SKATING LEVEL: _____ TESTS COMPLETED: (moves) _____ (fs) _____ (dance) _____

CURRENT SYNCHRO LEVEL: _____ HOME CLUB AFFILIATION _____

COACHES: _____

ICE SCHEDULE

Summer 3 Weeks (8/15, 8/22, 8/29)

Sunday 8/15 6:15 – 7:15 pm On Ice

Sunday 8/22 6:15 – 7:15 pm On Ice

Sunday 8/29 6:15 – 7:15 pm On Ice

Early Fall 7 Weeks (9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24)

Sundays 2:50 – 4:50 pm On Ice

NOTE: OCTOBER 10th will be 12 Noon – 2:00 PM due to a rink conflict

Late Fall And Winter 14 Weeks (10/31, 11/7, 11/14, 11/21, 11/28, 12/5, 12/12, 12/19, 1/2, 1/9, 1/16, 1/23, 1/30, 2/13)

Sundays 2:50 – 4:50 pm On Ice

There will also be practice on **Wednesday 11/3** sometime between 6:10 and 9:10 pm
TBA and the time may vary on **1/30** depending upon the time of the Winter Exhibition

Spring 4 Weeks (2/27, 3/13, 3/27, 4/3)

Sundays 2:50 – 4:50 pm On Ice (this time is subject to change)

Off ice warm-up/training will be held 15 minutes prior to and 15 minutes after each ice session. Additional off ice at the coach's discretion.

